

# Discover Learn Share Care

# DAY 17

## London Saturday 17th June 2023

13:00 Networking

### Chapter 1

14:00 Michael Heppell - Introduction

14:03 Will Polston - North Star Thinking

14:23 Steve Kelly - Taking time to STOP!

14:29 Rachel Woodward Carrick - Are you ready to face up to older age?

14:35 Lesley Anne Graham - Becoming Supernatural

14:41 Emma Mackie - Are monsters real?

14:58 BREAK 17 mins

### Chapter 2

15:15 Neil Mullarkey - In The Moment

15:35 Di Parker - Maid At The Movies

15:41 Andy Gilbert - If this was the last 5 mins of my life...

15:47 Emma Hookey - A sense of Forest School

15:53 Susanne Böhner - Gifted She

15:59 Ashley Leeds - Done is Better than Perfect

16:16 BREAK 20 mins

### Chapter 3

16:36 Debra Stevens - Soft Skills for a Hard World!

16:54 Fiona Myles - Being Myles Better

17:00 Dave Rogers - How Fit Is Your Business?

17:06 Lizzie Marshall - Surfacing2Self

17:12 Kellen Ann - Creating a Life by Design

17:30 Patrick Kielty - See The Person

17:47 Michael Heppell - Close

18:00 Drinks Reception